



Stevenage Sporting Futures Team RISK ASSESSMENT

ACTIVITY / SITUATION: <i>Athletics</i> SITE LOCATION: <i>Outdoors at Ridlins Athletics Track</i> RISK ASSESSMENT REF: <i>RIDATH22</i> SHEET: <i>1 of 2</i> REVIEW DATE: MARCH 2022 NEXT REVIEW DATE: MARCH 2023 ASSESSOR: REGAN CAROLAN			Persons at Risk					NOTES ON RISK RATES: SEVERITY: A – Death, major injury, damage, loss of property B – 3 days abs, moderate injury / damage C – Minor injury, loss / damage LIKELIHOOD: 1 – Extremely likely to occur 2 – Likely to occur 3 – Unlikely to occur RISK LEVEL: H – High M – Medium L – Low			Risk Rate		
ACTIVITY / PREMISES EQUIPMENT	Haz No.	IDENTIFIED HAZARD	Employees	Students	Other Users	Contractors	Public	PRECAUTIONS AND CONTROLS			Severity	Likelihood	Risk level
Running / Jumping	1	Pulled muscles caused by inadequate warm-up.	✓	✓				Provide warm-up time at the start. Also include stretches of major muscle groups.	C	3	L		
Track and Field	2	Slips and twists of lower limbs in wet conditions and / or uneven surface.	✓	✓				Alert students to be aware of the prevailing conditions. Request remedial action from grounds staff.	C	3	L		
Track	3	Puncture wounds from running spikes.		✓				Encourage students to avoid close contact in races and careless behaviour at other times.	C	3	L		
Track	4	Collision injuries with participants, spectators and equipment.	✓	✓				Ensure only participants and officials are on the track. No crossing of the track during races. Keep track clear of loose equipment.	C	3	L		
Long jump	5	Collision injuries in pit and on runway.		✓				Ensure run-ups are clear from previous competitor. Correct technique is shown at start of event. Check student footwear is secure.	C	3	L		
Track and Field	6	Slips and bruising caused by contact with hard surfaces.		✓				Check runway is clear at all times.	C	2	L		



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Throwing events	7	Javelin shape and cricket ball heaviness can cause bruising, when carried or being thrown.	✓	✓			Limit number of items to be carried. Javelins vertical. Throw in one direction only.	C	3	L
	8	Throwing implement hitting another participant	✓	✓		✓	Carry implements back to throwing area. Only collect throwing implements when told and all throwers have taken part. All stand behind thrower at a given distance and this is monitored by the SSFT member of staff overseeing the activity .	C	2	L
Stands (spectator area)	9	Slipping on wet or uneven steps in stand area. Falling due to silliness from stand area	✓	✓		✓	Staff to oversee pupils at all times. Remind them to take care when climbing steps if wet	C	3	L
Car Park	10	Students and spectators walking in area where cars are coming in and out	✓	✓		✓	Pupils reminded by staff to keep to the grass area and not to go onto the road area until asked and supervised by teaching staff.	C	3	L
Members of the Public spectating	11	Safeguarding and contact with the public.	✓	✓		✓	Supervision of indoor areas (toilets and changing room). Staff and SSFT aware. Children to advise staff when they are entering the building.	C	3	L
Parking at the venue	12	Collision with traffic.	✓	✓		✓	SSFT staff to supervise and guide staff and spectators to the correct area for parking.	C	3	L