

Rapid Fire Cricket

Introduction and Teachers Instructions

Competition format and teams

- There are separate competitions for Year 3 and Year 4. Schools may enter 3 teams of 10 players per year group. For each year group please number your teams 1, 2 and 3. Within each team, children should be sorted into batting pairs.
- Schools may set up this event as an Intra-School Competition allowing a whole-class to take part at the same time meaning it can be run during a PE lesson.
- The format of this competition allows teams to be scored on their batting and fielding. This allows two teams to take part at one time, one team batting and one team fielding. It is within each teams interest to bat and field to the best of their ability even though they are working with another team in order to score as many points as they can.
- Scoring should be completed by a member of staff using the scoring sheet included in this activity pack.
- Each team will have 5 minutes batting time and 5 minutes fielding time.
- The scores for batting and fielding for each team are added together to give a total score for each team.
- In order to score each team for batting and fielding, the following format can be used:
 - Team 1 Batting, Team 2 Fielding, Team 3 Off
 - Team 2 Batting, Team 3 Fielding, Team 1 Off
 - Team 3 Batting, Team 1 Fielding, Team 2 Off

Health & Safety Tips

- Ensure surface is flat, dry and clear from obstacles
- You have sufficient space around the activity

Equipment needed

- 6 Cricket batting tees
- 6 Kwik Cricket balls/tennis balls or sponge balls
- 2 Kwik Cricket bats
- Cones
- 1 m measure or tape measure
- Stopwatch/watch or phone time

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Batting

Batters work in their pairs to hit the balls towards the gates. A point is scored every time a ball passes through the gates. Each batter has three balls to hit. The first batting pair then returns to the back of their batting team and passes the bats to the next pair.

Once the balls have been returned by the fielding team and they have moved back to the fielding line, the next batting pair may take their turn. The aim is not to hit the balls as far as possible but to use accuracy and precision to hit the balls through the gates. During the 5 minutes scoring time, the batting team take it in turns in their pairs to score as many points as they can by hitting the balls through the gates.

Technique Tips

- Show the children how to hold the cricket bat correctly – standing side on, using two hands and a low hit rather than a swing like in Golf.

Health & Safety Tips

- Ensure batters do not throw the bats down
- Ensure pairs are stood well away from the batters while they are waiting in the batting team area

Make it inclusive

- Move the gates closer
- Roll the ball instead of hitting with a bat

Scoring

- Record a point every time a ball is hit through a gate in 5 minutes

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Fielding

Fielders aim to return the balls hit by the batters and place them back on the batting tees as quickly as possible. A point is scored for each ball placed back on the batting tee, i.e. for one batting pair, if the fielders return all 6 balls to the batting tees, they are awarded 6 points. The quicker the fielders return the balls back to the batting tees, the quicker the next batting pair can then take their turn and the more opportunities the fielders will have to score points by returning the balls to the batting tees.

Fielders must start behind the fielding line until all 6 balls have been hit off the tees by the batters. Fielders may not move their feet/position but can stop any oncoming balls by catching or with their hands. Once fielders have replaced the balls on the batting tees, all fielders must return to their positions behind the fielding line before the next batting pair can take their turn.

Technique Tips

- Encourage the fielders to throw the balls to their team members to return them to the batting tees rather than running with the balls.

Health & Safety Tips

- All fielders must return to their positions behind the fielding line before the next batting pair can take their turn

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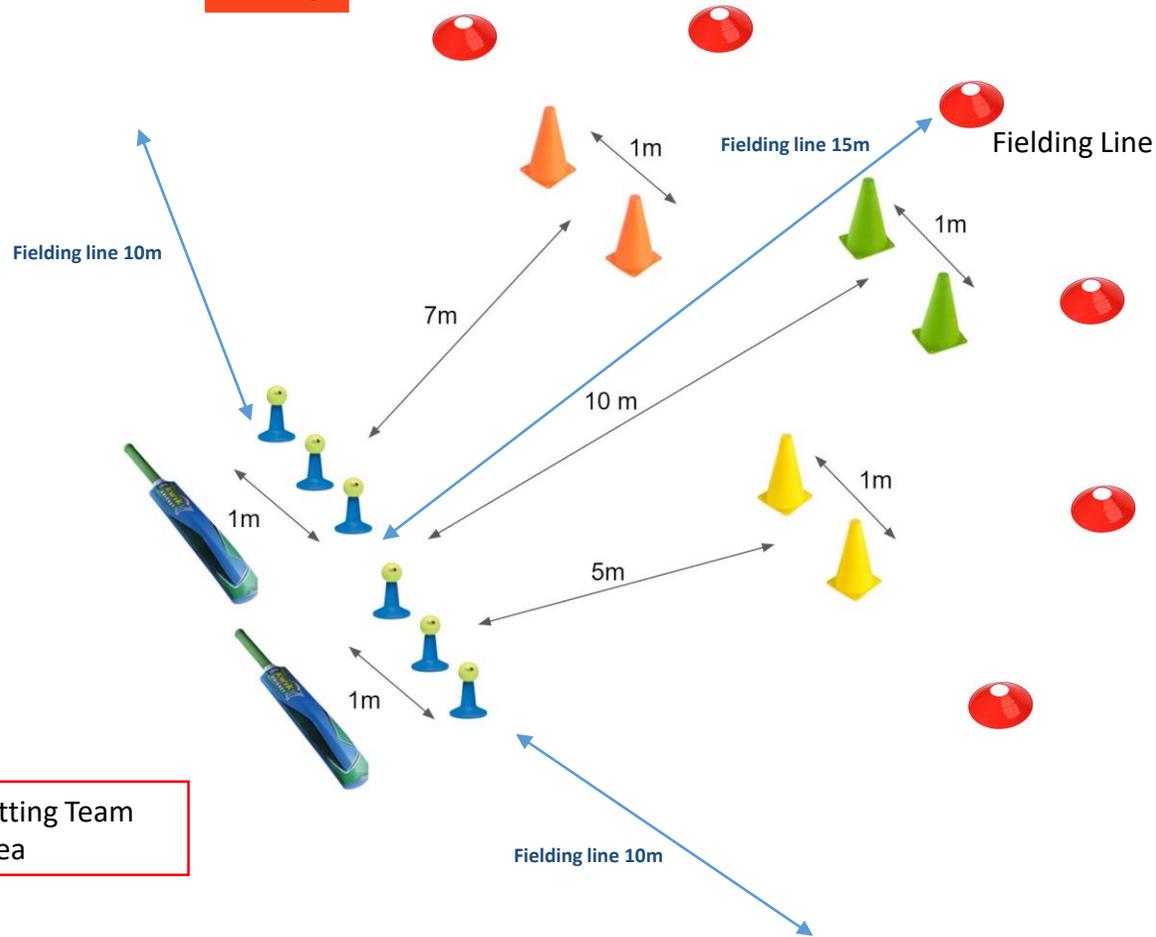


Scoring

- Record a point every time a ball is returned to the batting tee in 5 minutes.

Rapid Fire Cricket

Set-Up



Batting Team Area

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SCHOOL GAMES



YOUTH SPORT TRUST

Rapid Fire Cricket Results

School name:

Year Group

Team

Batting Tally

Fielding Tally

Batting Total =

Fielding Total =

Team Total =

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