

## Additional Useful information to support Virtual archery Competition

### Guide to sharp shooting

For guidance on how to teach children the 5 simple steps to shooting please click on link below

[https://www.youtube.com/watch?v=7nS4EB9g\\_VU&feature=youtu.be](https://www.youtube.com/watch?v=7nS4EB9g_VU&feature=youtu.be)



Stance relaxed



Arrow is nocked onto  
the bowstring



T position – draw bowstring  
Back

### Other things to consider

- When leading activity using the equipment, always make sure you have familiarised yourself with all of the equipment first.
- Ensure the children know how to use the equipment
- Encourage the class to work on whistle commands to organise activity on the range:
- one blow for starting to shoot
- two for the retrieval of the arrows
- three or more to stop all activity.
- Always stand behind the waiting line if you are not shooting.
- Only collect arrows when all teams have finished shooting.
- Only the arrow collector can cross the shooting line.